DSM-5: Anxiety Disorders

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**DSM-IV TR**
- Panic Disorder Without Agoraphobia
- Panic Disorder With Agoraphobia
- Agoraphobia without History of Panic Disorder
- Specific Phobia
- Social Phobia (Social Anxiety Disorder)
- Obsessive-Compulsive Disorder
- Posttraumatic Stress Disorder
- Acute Stress Disorder
- Generalized Anxiety Disorder
- Anxiety Disorder Due to a General Medical Condition
- Substance –Induced Anxiety Disorder
- Anxiety Disorder, NOS

**DSM-5**
- Separation Anxiety Disorder
- Selective Mutism
- Specific Phobia
- Social Anxiety Disorder
- Panic Disorder
- Agoraphobia
- Generalized Anxiety Disorder
- Substance Induced Anxiety Disorder
- Anxiety Disorder Due to Another Medical Condition
- Other Specified Anxiety Disorder
- Unspecified Anxiety Disorder
Most Significant Changes

• Separation of Panic and Agoraphobia

• OCD, PTSD, and Acute Stress removed from Anxiety Disorders

• Additions including Separation Anxiety Disorder and Selective Mutism

Panic Disorder/Agoraphobia Changes

• Panic Disorder is no longer with or without agoraphobia

• Agoraphobia is a separate disorder
Removed from Anxiety Disorders

- Obsessive Compulsive Disorder
  - Obsessive Compulsive and Related Disorders
- PTSD and Acute Stress Disorder
  - Trauma and Stressor Related Disorders

Obsessive Compulsive and Related Disorders

- OCD
- BODY DYSMORPHIC DISORDER
- HOARDING DISORDER
- TRICHOTILLOMANIA (Hair Pulling Disorder)
- EXCORIATION DISORDER (Skin Picking Disorder)
Trauma and Stressor Related Disorders

- Reactive Attachment Disorder
- Disinhibited Social Engagement Disorder
- PTSD
- Acute Stress Disorder
- Adjustment Disorders
- Other specified Trauma and Stressor Related Disorder
- Unspecified Trauma and Stressor Related Disorder

Somatic Symptom & Related Disorders

- SOMATIC SYMPTOM DISORDER
- ILLNESS ANXIETY DISORDER
- CONVERSION DISORDER
- FACTITIOUS DISORDER
- PSYCHOLOGICAL FACTORS AFFECTING OTHER MEDICAL CONDITIONS
Additions

• Separation Anxiety Disorder –
  – Moved from Disorders Usually First Diagnoses in Infancy, Childhood, or Adolescence to Anxiety Disorders
  – Onset at any age
Additions

• Selective Mutism –
  – Moved from Disorders Usually First Diagnoses in Infancy, Childhood, or Adolescence to Anxiety Disorders
  – Criteria are essentially the same

Additions

• Agoraphobia
  – Separated from Panic Disorder
  – Marked Fear or anxiety about 2 or more of the following
    • Using public transportation
    • Being in open spaces
    • Being in enclosed places
    • Standing in line or in a crowd
    • Being outside of the home alone
Questions ?